THANK YOU for downloading the Holy Week Family Worship Pack from

In this packet you will find a liturgy guide for the whole week. You can do the whole week from the first sheet, but for sake of ease the daily liturgies have larger type, relevant material for the day, and a Bible narrative based off of the Gospel reading (geared towards elementary and middle school-aged children). You will also find a hymn sheet, daily activities to engage with the readings, and Stations of the Cross sheets.

If you are familiar with the events of Holy Week, you are going to notice that a few activities are out of order and that some of the readings are different. The goal of this packet is to create an immersive experience that stretches from Monday to Saturday, producing in our spirits a tension longing to sing "Christ the Lord is risen today!" on Easter Sunday. Joy and peace to each of you in this holy season, my friends. -*Mikah Alge*

A Family Liturgy for Holy Week

Leader Responders

Opening Sentence

All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all. ISAIAH 53:6.

Antiphon

The LORD is full of compassion and mercy:*

Come, let us adore him

Psalm 143 • + Holy Monday

1-2 Hear my prayer, O LORD; give ear to my pleas for mercy! In your faithfulness answer me, in your righteousness! Enter not into judgement with your servant, for no one living is righteous before you.

Holy Tuesday

3-4 For the enemy has pursued my soul; he has crushed my life to the ground; he has made me sit in darkness like those long dead. Therefore my spirit faints within me; my heart within me is appalled.

Holy Wednesday

5-6 I remember the days of old; I meditate on all that you have done; I ponder the work of your hands. I stretch out my hands to you; my soul thirsts for you like a parched land.

Maundy Thursday

7-8 Answer me quickly, O LORD! My spirit fails! Hide not your face from me, lest I be like those who go down to the pit. Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up my soul.

Good Friday

9-10 Deliver me from my enemies, O LORD! I have fled to you for refuge. Teach me to do your will, for you are my God! Let your good Spirit lead me on level ground!

Holy Saturday

11-12 For your name's sake, O LORD, preserve my life! In your righteousness bring my soul out of trouble! And in your steadfast love you will cut off my enemies, and you will destroy all the adversaries of my soul, for I am your servant.

Gospel Readings

Holy Monday - JOHN 12:27-36 Holy Tuesday - JOHN 12:1-11 Holy Wednesday - LUKE 22:1-6 Maundy Thursday - LUKE 22:14-23 Good Friday - LUKE 22:47-53 Holy Saturday - LUKE 23:50-56

Hymn • 🕂

"Were You There?" or "Beneath the Cross of Jesus"

The Lord's Prayer

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,

and the glory are yours,

now and ever. Amen

Collect

Holy Monday - Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the Cross, may find it none other than the way of life and peace...

Holy Tuesday - O Lord our God, whose blessed Son gave his back to be whipped and did not hide his face from shame and spitting: Give us grace to accept joyfully the sufferings of the present time, confident of the glory that shall be revealed...

Holy Wednesday - Assist us mercifully with your grace, Lord God of our salvation, that we may enter with joy upon the medication of those mighty acts by which you have promised us life and immortality...

Maundy Thursday - Almighty Father, whose most dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it in thankful remembrance of Jesus Christ our Savior, who in these holy mysteries gives us a pledge of eternal life... Good Friday - Almighty God, we beseech you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed and given into the hands of sinners, and to suffer death upon the

Holy Saturday - O God, Creator of heaven and earth: Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life...

Cross...

...who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.

THE Amen....

A Family Liturgy for Holy Monday

Leader

♣ Responders

Opening Sentence

All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all.

ISAIAH 53:6

Antiphon

The LORD is full of compassion and mercy:*

♣O come, let us adore him

Psalm 143 🔵 💠

verses 1-2

Hear my prayer, O LORD; give ear to my pleas for mercy! In your faithfulness answer me, in your righteousness! Enter not into judgement with your servant, for no one living is righteous before you.

Gospel Story

JOHN 12:27-36

It was a few days before the very important feast of Passover, and Jesus was speaking to his friends, Philip and Andrew. He told them that he was troubled all the way down to his soul! But, Jesus knew it was not the time to ask his Father, God for peace, but to ask him to speak! God said for all to hear, "I have glorified My name. And again I will bring glory!" Some people in the crowd thought they had heard thunder! Other's thought it was an angel. But Jesus showed told the the truth - soon the spiritual battle for God's people would begin. Jesus tells them that he will cast out the ruler of the world (that's Satan) when he is lifted up (on the cross). The people did not understand what Jesus meant. They did not understand who lesus was. So, he warned them that they would have (his) light for only a little longer, and they need to follow that light while they can. Darkness is so powerful, scary, and confusing without light. If they follow and believe in the light, then they will become sons and daughters of the light!

Hymn 🔵 🕂

"Were You There?" or "Beneath the Cross of Jesus"

The Lord's Prayer 🔵 🕂

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and ever. Amen.

Collect

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified:

Mercifully grant that we, walking in the way of the Cross, may find it none other than the way of life and peace who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.

A Family Liturgy for Holy Tuesday

Leader

♣ Responders

Opening Sentence

All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all. ISAIAH 53:6

Antiphon

The LORD is full of compassion and mercy:*

⊕O come, let us adore him

Psalm 143 🔵 💠

verses 3-4

For the enemy has pursued my soul; he has crushed my life to the ground; he has made me sit in darkness like those long dead. Therefore my spirit faints within me; my heart within me is appalled.

Gospel Story

JOHN 12:1-11

Six days before the very important feast of Passover, Jesus visited his friends Lazarus (yes, the one he raised from the dead!), Mary, and Martha. While Martha served dinner, Mary brought out very expensive perfume. Someone would have to work from sunup to sundown to buy this perfume! What do you think she did with it? She put it on Jesus' feet! Not only that, but then she dried off his feet with her own hair! Why do you think she did that? As confused as you might be, there was someone else in the room who was confused and angry. His name was Judas. Jesus knew Judas very well; he knew that Judas' heart did not match his words. Judas said, "Why do you have such an expensive thing when all of the money its worth could go to the poor?" That sounds like a good question, but Judas was in charge of the money they gave to the poor, and Judas liked to keep some of that money for himself. Jesus said, "Leave her alone. Let her keep [the perfume] for when I die and am buried. The poor will always be here, but I will not." Jesus knew that Judas was the one who would betray him and lead to his death.

Hymn 🔵 🕂

"Were You There?" or "Beneath the Cross of Jesus"

The Lord's Prayer 🔵 🕂

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and ever. Amen.

Collect

O Lord our God, whose blessed Son gave his back to be whipped and did not hide his face from shame and spitting: Give us grace to accept joyfully the sufferings of the present time, confident of the glory that shall be revealed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

A Family Liturgy for Holy Wednesday

Leader

♣ Responders

Opening Sentence

All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all.

ISAIAH 53:6

Antiphon

The LORD is full of compassion and mercy:*

♣O come, let us adore him

Psalm 143 🔵 💠

verses 5-6

I remember the days of old; I meditate on all that you have done; I ponder the work of your hands. I stretch out my hands to you; my soul thirsts for you like a parched land.

Gospel Story

LUKE 22:1-6

The important celebration of Passover was almost here, and the priests and leaders were scared. They were scared because huge crowds were coming to Jerusalem and many of them believed that Jesus was actually the Son of God! They were more scared of a group of worshippers than the One True God they claimed to serve. They were searching for a way to kill this Jesus. Satan also knew the time was near get rid of Jesus once and for all (or so he thought). Satan tempted Judas (remember him?) to go to the priests and leaders seeking money in exchange for Jesus. They agreed to give him a month's worth of pay for the opportunity to arrest Jesus. Now, Judas had to figure out how to get Jesus away from the crowds, because he too had lost his view of God and was more scared of the angry mob that would rise up if Jesus was harmed.

Hymn 🔵 🕂

"Were You There?" or "Beneath the Cross of Jesus"

The Lord's Prayer 🔵 🕂

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and ever. Amen.

Collect

Assist us mercifully with your grace, Lord God of our salvation, that we may enter with joy upon the medication of those mighty acts by which you have promised us life and immortality; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.





A Family Liturgy for Maundy Thursday

Leader

♣ Responders

Opening Sentence

All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all. ISAIAH 53:6

Antiphon

The LORD is full of compassion and mercy:*

♣O come, let us adore him

Psalm 143 🔵 💠

verses 7-8

Answer me quickly, O LORD! My spirit fails! Hide not your face from me, lest I be like those who go down to the pit. Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up my soul.

Gospel Story

LUKE 22:14-23

Finally it was Passover - the day God's people remembered when He rescued them from slavery in Egypt. All of the food at the Passover meal all of it reminded them of how severely they were treated by Egypt and how miraculously they were saved, or passed over during the judgement of Egypt. Jesus had been looking forward to this feast with his disciples for a long time, because this was the time to give new meaning to the meal. By the next year, the disciples would remember lesus at Passover, not just their cultural history. The wine would remind them of the blood Jesus spilled, becoming himself the Passover lamb to cover the sins of the world. The bread would represent his body, sent to the world for the sole purpose of dying for the brothers and sisters of light. He took the Old Promise of deliverance and made it New - he would pour himself out so that all nations could be saved through belief in him. Even in this holy, eternitychanging moment, there was still one at the table who did not believe, and would soon betray our Savior. But don't worry, Jesus knew exactly what was going to happen. He was ready.



"Were You There?" or "Beneath the Cross of Jesus"

The Lord's Prayer 🔵 🕂

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and ever. Amen.

Collect

Almighty Father, whose most dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully crant that we may receive it in thankful remembrance of Jesus Christ our Savior, who in these holy mysteries gives us a pledge of eternal life; and who lives and reigns with you and the Holy Spirit, one God, for ever and ever.



A Family Liturgy for -Good Friday

Leader

♣ Responders

Opening Sentence

All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all.

ISAIAH 53:6

Antiphon

The LORD is full of compassion and mercy:*

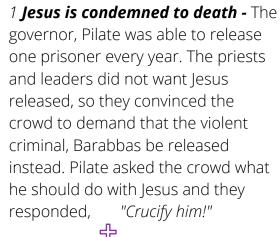
♣O come, let us adore him

Psalm 143 🔵 💠

verses 9-10

Deliver me from my enemies, O LORD! I have fled to you for refuge. Teach me to do your will, for you are my God! Let your good Spirit lead me on level ground!

STATIONS OF THE CROSS



- Pray silently -

2. **Jesus takes up His cross -** So

Pilate washed his hands to say that he would not be held accountable for Jesus' death. The crowd responded,

"His blood will be on us and our children forever!" Pilate was released while Jesus was whipped and handed over to the Romans to die on the cross.

- Pray silently. -

3. **Jesus falls for the first time -** "So he was despised and forsaken by men, this man of suffering, grief's patient friend. As if he was a person to avoid, we looked the other

way; he was despised, forsaken, and we took no notice of him." (ISAIAH 53:3 The Voice)

- Pray silently. -

4. **Jesus meets His mother** - Simeon prophesies to Mary after Jesus is dedicated in the temple as a baby - "Listen, this child will make many in Israel rise and fall. He will be a significant person whom many will oppose. In the end, He will lay bare the secret thoughts of many hearts. And a sword will pierce even your own soul, Mary." (LUKE 2:34b-35 The Voice)

- Pray silently -

5. Simon helps Jesus to carry the cross - Jesus was so hurt and tired that he struggled to drag the cross to Golgotha, so the Roman soldiers with Jesus grabbed a man on the road named Simon of Cyrene to carry the cross for Jesus.

- Pray silently. -

6. Veronica wipes the face of Jesus -

Though it is not recorded in scripture there is a hope that someone on the



A Family Litwigy for -Good Friday

road comforted Jesus in his pain, wiping away the blood and sweat from his face. Traditionally this hope is named Veronica. We envision this as we read Matthew 5:7, "Blessed are the merciful - for they will be shown mercy."

- Pray silently. -

7. Jesus falls for the second time -

"My heart seizes within my chest; I am in anguish! I am terrified my life could end on any breath. I shiver and shudder in fear; I cannot stop because this horror is just too much." (PSALM 55:4-5 The Voice)

- Pray silently. -

8. Jesus meets the women of Jerusalem - In the crowd following Jesus to Golgotha, there were many women screaming and crying in grief. Jesus spoke to them saying,

"Daughters of Jerusalem, do not weep for Me. Weep instead for yourselves and weep for your children." He prophecies, again, the imminent and utter destruction of Jerusalem.

- Pray silently. -

9. Jesus falls for the third time -

"But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed." (ISAIAH 53:5 ESV)

- Pray silently. -

10. Jesus is stripped of His clothes

- The Roman soldiers made fun of Jesus, hitting and spitting at him. The tore the clothes off of him and wrestled a purple robe over his wounded body. They shoved a crown made out of thorns on his tender head. They mocked his heavenly kingship in a twisted game of dress up. Again, they ripped the clothes off of his body and led him away to die.

- Pray silently. -

11. *Jesus is nailed to the cross -* The journey to Golgotha, which means

Place of a Skull, was long and humiliating. When they finally arrived, Jesus' wrists and feet were nailed to the wood of the cross. The cross was then lifted upright and set between two criminals also assigned to die on that day. A sign with Jesus' crimes are posted above his head. It reads, "This is Jesus, the King of the Jews."

- Pray silently. -

12. Jesus dies on the cross -

Darkness covered the land in the middle of the day. Jesus cries out, "My God, my God, why have you abandoned me?" A little while later, Jesus speaks again. He says, "Father, into Your hands I give over my spirit." Then, Jesus breathed his last breath. Suddenly, the earth shook so violently that rocks split, heavy tombs were opened, the curtain in the temple was torn, and many saints were raised from the dead, appearing to many in Jerusalem. The soldier in charge who witnessed all of this said,

♣ "Truly this was the Son of God!"

- Pray silently. -



A Family Liturgy for Holy Saturday

Leader

♣ Responders

Opening Sentence

All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all.

ISAIAH 53:6

Antiphon

The LORD is full of compassion and mercy:*

♣O come, let us adore him

Psalm 143 🔵 💠

verses 11-12

For your name's sake, O LORD, preserve my life! In your righteousness bring my soul out of trouble! And in your steadfast love you will cut off my enemies, and you will destroy all the adversaries of my soul, for I am your servant.

Gospel Reading

LUKE 23:50-56

There was a lewish leader named Joseph, from Arimathea. Even though he was part of the council that condemned Jesus, he was good and righteous, and did not agree with the plan to kill Jesus. So that the body of lesus would not be further humiliated on the cross, Joseph asked Pilate's permission to bury Jesus. This was a very brave thing to do, because Joseph was acting as a family member. He not only associated himself with Jesus, but treated him as a beloved relation. You see, Joseph was in a unique position to help, because he had an unused burial tomb to offer up. Pilate allowed for Jesus' body to be released, wrapped and placed in the tomb. Because the Sabbath would begin soon, the women who had followed lesus in the crowd hurriedly prepared Jesus' body for burial with spices and ointments. Then they rested from their work on the Sabbath as God commanded.

Hymn +

"Were You There?" or "Beneath the Cross of Jesus"

The Lord's Prayer • 🗣

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and ever. Amen.

Collect

O God, Creator of heaven and earth: Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life; through Jesus Christ our Lord.





Hymn Sheet

Were You There?

1 Were you there when they crucified my Lord? Were you there when they crucified my Lord? Oh, sometimes it causes me to tremble, tremble, tremble. Were you there when they crucified my Lord?

2 Were you there when they nailed him to the tree? Were you there when they nailed him to the tree? Oh, sometimes it causes me to tremble, tremble, tremble. Were you there when they nailed him to the tree?

3 Were you there when they laid him in the tomb? Were you there when they laid him in the tomb? Oh, sometimes it causes me to tremble, tremble, tremble. Were you there when they laid him in the tomb?

4 Were you there when God raised him from the tomb? Were you there when God raised him from the tomb? Oh, sometimes it causes me to tremble, tremble, tremble. Were you there when God raised him from the tomb?

Beneath the Cross of Jesus

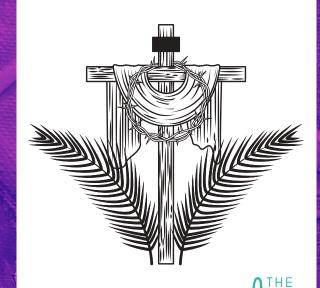
1 Beneath the cross of Jesus I fain would take my stand, The shadow of a mighty Rock Within a weary land; A home within the wilderness, A rest upon the way, From the burning of the noontide heat, And the burden of the day.

2 Oh, safe and happy shelter! Oh, refuge tried and sweet!Oh, trysting place where heaven's love And heaven's justice meet.As to the holy patriarch That wondrous dream was given,So is my Savior by the cross A ladder up to heaven.

3 There lies beneath its shadow, But on the farther side, The darkness of an awful grave That gapes both deep and wide; And there between us stands the cross, Two arms outstretched to save, Like a watchman set to guard the way From that eternal grave.

4 Upon that cross of Jesus Mine eye at times can seeThe very dying form of One, Who suffered there for me;And from my smitten heart, with tears, Two wonders I confess,The wonders of His glorious love, And my own worthlessness.

5 I take, O cross, thy shadow For my abiding place; I ask no other sunshine than The sunshine of His face; Content to let the world go by, To know no gain nor loss, My sinful self my only shame, My glory all the cross.



Holy Monday

Follow the Light - Use tape or string to make a path. Darken the room and have your family try to follow the path. Then, let everyone follow a leader who has a flashlight or candle. If possible, follow the path one more time giving everyone a light.

When Jesus lived on earth, he showed us how to live and how to love God. Without his light we are lost. But we didn't lose the light when he died, because he gave each of us who believe the Holy Spirit. We are sons and daughters of light!

Holy Tuesday

Foot Washing - Grab a chair, a large bowl, a pitcher of water, a towel, and scented lotion or perfume. Have the spiritual leader wash each person's feet, praying he or she washes and anoints them.

Mary washed Jesus' feet with expensive perfume and her hair because she knew he was her King. Later, we will hear that Jesus stoops down to wash the feet of his disciples! This is because in Jesus' Kingdom, the leader always serves his people and the people love their King.

Holy Wednesday

The Unfair Store - Select a few items to sell at your "store". Use sticky notes to price these items with crazy prices. Once your children realize that this store doesn't make any sense, ask them how much they would pay for a person they know. How much would they pay for the Savior of the World?

In reality, Judas received the equivalent of a month's pay in exchange for the life of Jesus. While no amount of riches would ever compare to the King of the Universe, it does show us how foolish Judas' idol of money was compared to that of the Son

of the One True God.

Activities for a Meaningful Holy Week

Strip the Holy

Space -Traditionally,

Maundy Thursday is the day when the altar is stripped in preparation for Good Friday. All the linens, candles, and anything other decorative items are removed. Usually a cross is left and draped with a black veil. Recreate this in your home by stripping whatever room or area you have been using for worship. Put away all pictures, pillows, books, everything. If you can, leave a cross in the room covered in black or dark fabric. Spend a few moments in the empty room in silence, contemplating the weight of tomorrow.

Maundy Thursday

Stations of the Cross - Use the Stations of the Cross script with the following stations. You can either place the stations on a table to follow, cut them apart and tape them around the house to walk to each station, or use the blank sheet to allow the participants to draw their own scenes as they listen to the readings.

-Good Friday

Make a Tomb -

If you are able,

make Easter Rolls by rolling a marshmallow in crescent roll dough. Once it is baked, a hollow space (tomb) will be left but the marshmallow will be gone. *Or...*

Take the cross that you covered in yesterday's activity and place it in a "tomb". This could be a cabinet, a drawer, or a box. Leave the cross there until Easter Sunday. Celebrate the message of the cross on Easter by decorating your worship space with artwork and party decorations.

Holy Saturday

Station 1

Jesus is condemned to death



Station 2

Jesus takes up His cross



Station 3

Jesus falls for the first time



Station 4

Jesus meets his mother



Station 5

Simon helps Jesus carry His cross



Station 6

Veronica wipes the face of Jesus



Station 7

Jesus falls for a second time



Station 8

Jesus meets the women of Jerusalem













Station 9

Jesus falls for the third time



Station 10

Jesus is stripped of His clothes



Station 11

Jesus is nailed to the cross



Station 12

Jesus dies on the cross



Station 1
Jesus is condemned to death

Station 2

Jesus takes up His cross

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Jesus falls for the first time

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